



BREAKFAST AND LUNCH  SERVED DAILY

Breakfast served all day

Schooner

2 Pieces French Toast with Cream Cheese. Topped with a Berry Medley & Whipped Cream!
\$9.50

Deckload

3 Scrambled Eggs, Biscuit w/ Gravy, & Bacon *or* Link Sausage
\$10

Express

2 Scrambled Eggs, 1/2 Biscuit w/ Gravy & 2 Slices Bacon
\$8

Groovy Yogurt Crunch

Yogurt w/ Granola & Berries \$6.50
Served w/ Bagel & Cream Cheese \$8.50

Bud's Breakfast Burrito

Scrambled Eggs, Bacon, Green Pepper, Onion, Cheddar Cheese, in a grilled Chipotle Tortilla. Served w/ Country Potatoes. Salsa & Sour Cream on the side
Bud #1 \$10.50
Bud #2 add Green Chiles & Jalapeños \$11.50

High Tide

Muffin Breakfast Sandwich with Scrambled Eggs, Cheddar Cheese & your choice of: Bacon, Ham, or Patty Sausage. Served w/ Country Potatoes
\$9

Sunrise Special

1 pc. French Toast, 2 Slices Bacon & 2 Scrambled Eggs
\$8

Hearty Homesteader
Multi-Grain Oatmeal w/ Blueberries, Cranberries, Raisins, Nuts, & Brown Sugar. Served w/ Milk (or Vanilla Soy Milk 50¢ extra) & choice of Toast
\$10

High Protein

Scrambled Eggs w/ Cheddar Cheese, 1/2 Slice of Ham, 2 Big Link Sausages & 1 Slice Bacon
\$10

Full Sail

2 Pieces French Toast, & 4 Slices Bacon *or* 2 Big Link Sausages
\$9

Homestyle Scramble

Scrambled Eggs, Ham, Mushroom, Green Pepper, Onion & Potatoes. Salsa on side & choice of Toast
\$10

These Select Breakfasts include Country Potatoes, & choice of: Biscuit, English Muffin, White, Whole Wheat, Rye, or Sourdough toast.

Two Eggs - Style 'em your way*	\$8.50
Bacon & Eggs	10.50
Big Link Sausage & Eggs	10.50
Patty Sausage & Eggs	11.00
Corned-Beef Hash & Eggs	11.00
Reindeer Sausage & Eggs	11.50
Classic Ham & Eggs	12.00
8oz New York Steak & Eggs	16.00
Chicken Fried Steak & Eggs	13.50

Eggs Benedict (Ham)	\$11.50
Eggs 'Maui' (Ham & Grilled Pineapple)	12.00
Eggs Florentine (Spinach)	11.00
1/2 Eggs Benedict	8.00
Biscuits & Country Gravy	7.50
1/2 Biscuits & Gravy	6.00
1-1-2 : 1 Flap Jack, 1 Egg & 2 Slices Bacon	7.00
Heartbeat	8.00
2 Eggs, Tomato Slices & Cottage Cheese	
Oatmeal	Small 4.00 Large 5.00
Add Blueberries, Walnuts, Raisins, Dried-Cranberries, Brown Sugar or Cinnamon.	.50 ea
Soy Milk as Oatmeal side	.50 extra

Extras

Flap jack / Pancake	\$3.00
Blueberry Flap Jack	4.00
French Toast	3.00
Cinnamon Roll	5.00
Toast, Muffin, or Biscuit	3.00
Country Potatoes	4.00
Country Potatoes w/ Gravy	5.50
One Egg*	1.25
Country Gravy	2.50
Salsa, Sour Cream	.75
Bagel & Cream Cheese	3.50
Assorted Cold Cereal	3.75
Breakfast Sandwich	6.00
Muffin, Ham, Egg, Cheddar Cheese	
'Neptune' Breakfast Sandwich	5.50
Served with Spinach instead of Ham	
Grits	4.50
Sausage or Bacon	5.50
Reindeer Sausage	6.50
Ham Steak 7oz	6.50
Hollandaise Sauce	2.50
Egg Beaters available	.75 extra
Substitute Gluten-Free Toast	.75 extra

Omelets

Our 3-Egg Omelets include Potatoes & choice of Toast

Cheese (Cheddar, Swiss or Jack)	\$9.50
Green Chile & Jack	10.50
Ham & Cheese (Cheddar, Swiss or Jack)	11.50
Bacon, Cheddar & Onion	12.00
Denver (Ham, Onion, Green Pepper & Cheddar)	12.50
Spinach, Tomato, Onion & Swiss	12.50
Spanish (Tomato, Green Pepper, Onion, Mushroom, Cheddar & Jack Cheese. Served w/ Salsa & Sour Cream)	13.00
Reindeer Sausage & Cheese	13.00
Add Veggie to any Omelet	1.00
Add Bacon or Ham	2.50
Add Reindeer Sausage	4.00

Children's Breakfast

Kid's 1-1-1 : (One, One, One)	\$5.50
1 Bear Pancake, 1 Egg & 1 Slice Bacon	
Kid's Blue 1-1-1	6.50
Same as above with Blueberries in Cake	
Bear Pancake	3.00
Blueberry Bear Pancake	4.00
Kids High-Protein Breakfast #1	6.00
2 Scrambled Eggs w/ Cheddar Cheese, 1 Sausage Link & 1 Slice Bacon	
Kids High-Protein Breakfast #2	6.00
2 Scrambled Eggs w/ Cheddar Cheese, & 3.5oz Ham Steak	

Beverages & Lunch Menu on reverse side.

Please inform your server of any dietary allergies. Breads are toasted in a community toaster with wheat products. * Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.